## Abstract

The present invention discloses an activated massage pad structure that can be applied to massage pads such as cushions, shoes, cooling mats, or pillows to give a rubbing and messaging functions with movable directions, comprising a flexible pad; a message protrusion movably disposed on the surface of the flexible pad; and a floating chamber movably disposed in the pad, such that the message protrusion has the function of switching directions by the arrangement and response of the floating chamber.